

24th August 2023

Dear BIRBECK MEDICAL GROUP (A82035)

Achieving 77% of your hypertensive patients treated to target.

I am writing to congratulate your General Practice for your performance against the CVD Prevent Indicator *“Percentage of patients aged 18 and over, with GP recorded hypertension, in whom the last blood pressure reading (measured in the preceding 12 months) is below the age-appropriate treatment threshold.”*

As you will be aware the NHS 2023/24 priorities and operational planning guidance identified hypertension as a key priority, setting the objective:

“Increase the percentage of patients with hypertension treated to NICE guidance to 77% by March 2024.”

The CVDPREVENT data <https://www.cvdprevent.nhs.uk/home> has just been published including data up to the end of March 2023. We are delighted to say that you are treating 77.3% of your patients to the age appropriate thresholds. A key milestone in our journey to achieving the operational planning guidance ambition for patients with hypertension.

You are one of only a few General Practices in the North East and Yorkshire Region achieving this target and as such I wanted to take the time to congratulate your Practice and the work of your staff, that has contributed to progressing this ambition for your population.

Prevention is at the heart of the NHS Long Term Plan and the Plan includes a major ambition to prevent 150,000 strokes and heart attacks over the next ten years by improving the treatment of the high-risk conditions including: hypertension, Hypercholesterolaemia and atrial fibrillation. By ensuring that so many of your patients are treated to target for their hypertension makes a fantastic contribution to the NHS being able to realise this ambition and prevent heart attacks and strokes for your patients.

Please keep up this excellent work. We will continue to monitor this work and hope that other PCN's can quickly match your achievement.

Yours sincerely



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Regional Medical Director
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